



Indian Association of Life Skills Education

For Social Scientists, Educationists, Scholars, Practitioners Etc.

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Profile

After a rich experience of more than two decades in the field of teacher education, Gauri opted for voluntary retirement as Associate Professor from a renowned institution to pursue her passion for life skills and impactful teacher education. She is a sought-after life skills consultant and coach with expertise in curriculum design and facilitation, known for her ability to conceptualize and deliver transformative life skills programs. For over a decade, she has been leading life skills sessions across India, earning acclaim for her faculty development programs, to equip educators with the competencies for facilitating life skills education using experiential learning. She has played a key role in numerous capacity-building initiatives, helping institutions integrate life skills into their educational frameworks, especially in the context of the National Education Policy (NEP,2020). She is an experienced researcher in life skills, with several publications to her credit. She serves as a consultant for research projects, contributing her expertise to advance evidence-based practices and shape impactful educational strategies.

Dr. Hardikar's mission is to empower others, guided by her motto 'Strengths in Service'. Through her expertise in life skills education and NLP life coaching, she empowers individuals to create meaningful and authentic lives and institutions to cultivate values-driven ecosystems that reflect their core principles.